



Our mission is to **ENRICH** the lives of people with special needs through the healing power of horses.

soleanastables.org    

The Need

"There isn't one other single activity or program out there that embraces my daughter and can teach her so much in just one lesson. After just one year, seeing the changes in her both in the stable and at home have been remarkable." — Melissa Barrios, Parent of a Rider

Year-round extracurricular activities that cater to the unique needs of people with special needs are few and far between in greater Houston. **The need for a supportive community that operates consistently and enhances the lives of people with ALL abilities is greater than ever.**

Intellectual/ Cognitive

Riders with goals focused on learning or cognitive development benefit from improved attention, concentration, patience, coping skills and discipline.

Benefits

Physical

A horse's three dimensional movement is similar to the gait of a human, giving the Rider the feeling and mental images of walking. Our Riders have shown improved balance, muscle tone, motor coordination and overall trunk strength.

Social

Equine-assisted services not only promote the development of respect, responsibility, perseverance and love toward animals, but the positive attitude that the Rider acquires improves family and social integration.

Emotional

SoléAna Stables fosters an environment that helps Riders confront anxiety and fears while improving their general well-being, self-esteem and confidence.

Our Goal

To build our very own facility with greater accessibility to the Houston metropolitan area and to be the premier PATH Intl. Equine-Assisted Services facility, inspiring positive change and empowering those we serve.

When Andy and Sasha Camacho set out to find an equine-assisted therapeutic riding program for their daughter, Solana, they never dreamed they would end up being the proprietors of their very own facility.

Since 2016, SoléAna Stables has been a place of refuge where families of people with special needs come to find love, friendship, support, growth, and hope.





PHASE 1 2021 – 2022

- **Leadership** Enhance and grow our Board of Directors and Strategic Change Committee to steer us forward.
- **Build our Therapy Horse Reserves** As of today, SoléAna Stables benefits from the Horses who live at Big Wish Farm. Reserves will ensure the appropriate Horse to Rider ratio in our new facility.
- **Equipment and Supplies** To keep both Horses and Riders safe, equipment and supplies for our own herd is a top priority.

PHASE 2 2023 - 2024

- **Land Purchase**
- **Infrastructure** (water, sewage, etc.)
- **Fencing**
- **Covered Arena w/ stalls**
- **Wheelchair Ramp**
- **Tack Room**
- **Hay Storage**
- **Parking Lot**

PHASE 3 2024-2025

- **Barn with individual stalls**
- **Move the Tack Room/Hay Storage**
 - Convert to parent viewing room
 - Offices for Rider evaluations
- **Offices** Administrative
- **Event Space** Something that could be rented out to others to create additional revenue opportunities.

JOIN OUR HERD



SPONSOR AN EVENT

Both businesses and individuals have the chance to impact our program through event sponsorship. They are proud to support our community and help spread the word about our life-changing work.



BE A LEADER

Join our Board of Directors or introduce us to someone who you think would make a great Board Member.



HORSESHOE CLUB

Members of our Horseshoe Club help ensure our Rider's needs are met year round through their monthly gift. Even the smallest gift – made monthly – has a huge impact.



EFFECT CHANGE

Are you good at change management? We want YOU on our Strategic Change Committee to help ensure we stay on track to meet our goals.



INTRODUCE US

Do you know people who are passionate about what we do? We're all about making new friends & driving awareness for our program. A simple introduction can make a world of difference!